

Sandwiches Served with authentic blue corn chips. Substitute gluten-free bread 50¢

★**En Canto** · Thin shaved ham, Gouda cheese & homemade pineapple salsa on grilled ciabatta bread. 7.75

Phoenix · Jack cheese, jalapenos, chipotle mayonnaise, lettuce and tomato with grilled chicken breast on a homemade onion roll. 7.95

Focaccia Club · Smoked turkey, bacon, provolone cheese, baby spinach, tomato slices & sage mayonnaise on homemade focaccia bread. 8.50

BLTA · Bacon, lettuce, tomato and avocado with fresh sage mayonnaise. Served on homemade focaccia bread. 7.50

Smoked Turkey Stack · Sliced smoked turkey breast brushed with honey mustard, melted cheddar cheese, lettuce & tomato on homemade focaccia bread. 7.95

Turkey Bacon Wrap · Turkey, bacon, avocado, jack cheese, lettuce, tomato and sage mayonnaise in a grilled tomato tortilla. Served with fresh fruit. 8.50

Tuna Salad · Homemade tuna salad with mixed greens, avocado and sliced tomato on marble rye bread. Served with a cup of soup. 8.25

Grilled Vegetable · Kalamata olives, zucchini, yellow squash, basil, mushrooms, spinach, tomato & melted provolone cheese on toasted seven grain bread. 7.75

★**Ensalada de pollo** · Chicken salad & baby spinach wrapped in a tomato tortilla. 8.25

Burgers* Served on a homemade onion roll with blue corn chips. Substitute gluten-free bread 50¢

Southwest Burger* · Chipotle-seasoned turkey burger, jack cheese, & cranberry mayonnaise on an onion roll. Served with a side of cranberry sauce. 8.25

The Star* · Grilled ground beef with Montreal steak seasoning, topped with lettuce & tomato and served on an onion roll. 7.50 With cheese. 7.95

The Greek* · Feta-herb turkey burger, sage mayonnaise, spinach and cranberry sauce on a homemade onion roll. 8.25

★**Rio Grande*** · Smoked Gouda, bacon & jalapenos on grilled ciabatta bread. 8.50

Beverages

Dark Star · A premium dark roast served exclusively at Morning Star 1.95

Mocha Java · Dark Star coffee & chocolate topped with fresh whipped cream 3.95

Fair Trade Organic Colombian Coffee · Freshly ground before each brew 1.50

Soy Milk · Regular 1.95 Large 2.75

Milk · Skim, 2%, chocolate Regular 1.95 Large 2.75

Tazo Hot Tea · 1.95

Hot Chocolate · With fresh whipped cream Regular 2.75 Large 3.75

Iced Coffee · French Silk, Caramel Cream, or Mocha 4.50

Decaf Dark Star · Premium dark roast, swiss water decaf served exclusively at Morning Star 1.50

Decaf Flavor of the Day · Swiss water process local decaf coffee, flavor roasted 1.50

Flavor of the Day · Local, flavor-roasted 1.50

Juice · Fresh Orange or Grapefruit juice Regular 2.50 Large 3.50

Cranberry Spritzer · Cranberry juice & Sprite served with a fresh lemon slice 2.95

Arnold Palmer · Iced tea with lemonade 2.95

Smoothie · Fruit & low-fat frozen yogurt 5.25

China Mist Iced Tea · Freshly brewed always unsweetened iced tea 1.95

*Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Lunch Monday through Friday, beginning at 11:30

Southwest Lunch Served with authentic blue corn chips or rice and your choice of homemade salsa · House Pico, Roasted Tomato, Tomatillo Verde or Corn Salsa

★**Veggie Quesadilla** · Fresh zucchini, yellow squash, roasted red pepper, cilantro, spinach & jack cheese in a toasted flour tortilla topped with Seth's homemade burrito sauce and roasted red pepper sauce. 7.75

Chicken Quesadilla · Seasoned chicken,* red onions, tomatoes, mushrooms, jack and cheddar cheese in a toasted flour tortilla topped with sour cream & scallions. Served with a side of homemade guacamole. 7.95

Barrio Burrito · Fresh tortilla filled with Spanish rice, pinto beans & your choice of chicken or homemade chorizo. Topped with Seth's homemade burrito sauce & toasted cumin seeds. 8.25

Salads & Light Lunches balsamic, cranberry citrus or southwest vinaigrette, ranch, & Italian

★**Creekside Salad** · Smoked salmon, scrambled eggs, tomato wedges & grilled onions on a bed of baby spinach. Served with a homemade dill roll. 9.50

★**Cobb Salad** · Turkey, avocado, hard boiled eggs, bacon, feta, diced tomato and scallions on a bed of mixed greens. 9.25

Cranberry Citrus Chicken Salad · Cranberry citrus vinaigrette dressing tossed with mixed greens. Topped with grilled chicken breast,* cranberries & toasted walnuts. Served with a wedge of homemade grilled focaccia bread. 8.25

Yavapai · Spicy dry-rub seasoned chicken breast* with fresh avocado, tomato wedges, authentic blue corn chips & Southwestern vinaigrette on fresh greens. 7.95

The Carlitos & Soup · Soup and a choice of a tuna melt on an English muffin with tomato and cheddar cheese OR fresh greens topped with tuna salad. 7.25

★**Garabed Salad*** · Feta-herb turkey patty served over mixed greens with kalamata olives, red onion, feta, roma tomato & croutons with balsamic vinaigrette. 8.50

Authentic Blue Corn Chip Plate · Blue corn chips with guacamole, black beans and your choice of homemade salsa. 6.75

Vegetarian Black Bean Chili · Homemade & topped with spicy habanero cheese. Bowl served with blue corn chips. 5.25 Cup 3.50

Homemade Soup of the Day · Bowl served with homemade focaccia. 5.25 Cup 3.50

Desserts ★ Always homemade by the night kitchen. Ask about our pastry orders.

Chocolate Therapy
served with raspberry sauce · 5.25

Key Lime Pie
topped with fresh whipped cream · 4.25

Bread Pudding
served warm with vanilla sauce · 4.95

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Morning Star Café

711 Washington Avenue Grand Haven, MI 49417
616.844.1131

Morning Favorites

Cinnamon Roll · Homemade fresh from our night kitchen, warmed & topped with sweetened cream cheese icing. The local legend. 4.95

Two Eggs* · Cooked to order,* served with diced redskin potatoes & your choice of bread. 4.25 Add ham, turkey sausage patty, pork sausage patty or thick cut hickory smoked bacon. 6.25

Rock Springs Biscuits & Gravy · Homemade buttermilk biscuits with homemade sausage gravy and cracked black pepper. 6.50 Topped with two eggs*. 7.50

Bagel & Egg Sammy · Grilled bagel layered with two fried eggs,* smoked turkey, roasted red pepper. 7.50 Or try a slice of ham with cheddar cheese. 7.50

Chorizo Hash · Homemade chorizo sausage, green peppers, onions, roasted red peppers & green chilies over potatoes. Topped with cilantro sour cream and served with a warm tortilla. 7.50 Excellent topped with two eggs.* 7.95

★ **Jakes Corner** · Scrambled eggs, green chilies, tomatoes, chorizo & jack cheese on gluten-free bread. Served with homemade guacamole and fresh fruit. 8.50

Omelettes Served with diced redskin potatoes and your choice of a buttermilk biscuit, warm tortilla, toasted bread or add gluten-free bread 50¢

Four Corners · Homemade chorizo, tomatoes, green chilies, habanero & cheddar cheeses. Served with homemade salsa. 8.75

Bacado · Bacon, fresh avocado, cilantro and jack cheese. 8.25

Heartland · Garden fresh zucchini and yellow squash, tomatoes, mushrooms, baby spinach, scallions & boursin cheese. 8.50

Denver · Ham, green and red peppers, onions & cheddar cheese. Topped with homemade pineapple salsa. 8.25

Cadillac · Ham, bacon, sausage, mushrooms, onions, tomatoes, jack & cheddar cheeses. Topped with sour cream. 8.95

★ **Star** · Fresh tomatoes, basil, bacon & provolone. 7.95

Frittatas Served on a bed of diced redskin potatoes with your choice of bread.

Albuquerque Turkey · Smoked turkey, avocado, roasted red peppers & black bean on a layer of eggs. Topped with jack cheese and cilantro. 8.25

Sonoran · Homemade chorizo, fresh chopped jalapeno peppers, tomatoes and scallions on a layer of eggs. Topped with cheddar cheese. 7.95

Veggie · Fresh zucchini and yellow squash, roasted red peppers, red onions and baby spinach on a layer of eggs. Topped with jack cheese, black bean puree and homemade roasted red pepper sauce. 7.95

Boursin Cheese · Sun-dried tomatoes, fresh spinach & boursin cheese on a layer of eggs. Topped with boursin cheese. 8.25

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Breakfast

Best of the Southwest Served with diced redskin potatoes & your choice of homemade salsa House Pico, Roasted Tomato, Tomatillo Verde or Corn Salsa

Marbled Corn Bread Scramble · Scrambled eggs with bacon, tomato, avocado and cheddar cheese over homemade blue & yellow swirled corn bread. Topped with sour cream and cracked black pepper. 8.75

Border Scramble · Ham, tomato, red onion, jack and cheddar cheese folded into whipped eggs and rolled in a soft flour tortilla. 7.75

South Tucson Scramble · Homemade chorizo, roasted red pepper, onion, jalapeno & green chilies in whipped eggs with jack and cheddar cheeses in a flour tortilla. Topped with Morning Star Ancho Pepper Sauce sour cream & scallions. 8.50

Breakfast Quesadilla · Bacon, tomato, onion, jack cheese & black bean puree folded into whipped eggs inside a tomato tortilla. Topped with cilantro sour cream. 7.95

Veggie Breakfast Quesadilla · Zucchini, yellow squash, spinach, tomato, onion, cheddar & pinto beans folded into whipped eggs in a flour tortilla. Topped with Morning Star Ancho Pepper Sauce, sour cream and scallions. 8.25

Huevos Rancheros · Grilled corn tortillas layered with pinto beans, homemade chorizo & jack cheese. Topped with two eggs* and a dash of Morning Star Ancho Pepper Sauce. 7.95 Try veggie style with sliced avocado.*

★ **Chilaquiles** · Grilled corn tortillas layered with jack cheese, pinto beans & green chilies. Topped with two eggs, homemade burrito sauce and pico de gallo salsa. Served with Spanish rice and blue corn chips. 8.50

Light Side

★ **Bagel & Lox** · Smoked Norwegian salmon, tomato, capers, red onion, fresh dill, cream cheese and a toasted bagel. 9.25

Naked Benny · Baby spinach and avocado slices topped with two poached eggs, homemade roasted tomato salsa & avocado cream sauce. Served with fruit. 7.95

Siesta Key Cocktail · A parfait glass with low-fat yogurt layered with homemade granola & fresh fruit. Served with dry seven grain toast. 5.75

Fruit Bowl · Fresh sliced fruit served with dry seven grain toast. 5.25 Cup 3.75

Tree Hugger · Zucchini, yellow squash, tomato, mushroom, baby spinach & jack cheese over diced redskin potatoes. Served with dry seven grain bread. 7.25 Excellent topped with two eggs.* 8.25

★ **Blueridge Oatmeal** · Old fashioned oatmeal with blueberries & almonds. 5.25

Old Fashioned Oatmeal · Served with fresh fruit. Bowl 4.25 Cup 3.25

Oats Deluxe · Old fashioned oats with apple slices, chopped walnuts and dried cherries. Topped with wheat germ and served with fresh fruit. 5.75

Smoothies · Made with real fruit and low-fat frozen yogurt. 5.25

Blue Moon blueberries, maple syrup & milk	Starburst strawberry, raspberry & cranberry juice	Sunrise bananas & orange juice	Revitalizer celery & apple
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Starters & Sides

Homemade Cinnamon Roll 4.95

Homemade Muffin of the Day 3.25

Bagels *Everything, Cheddar-Herb, Plain* 3.75

Gluten-Free Bread 2.25

Toast & Homemade Breads *Buttermilk Biscuit, Whole Wheat, Rye, White Bread, Sourdough, & Cinnamon Swirl* 1.50

Homemade Pinto or Black Beans 1.75

Ham, Bacon or Turkey Sausage 2.50

Pork Sausage Patty 1.95

Yogurt *Strawberry or Plain* 1.75

Fresh Homemade Guacamole 2.75

Authentic Blue Corn Chips 1.75

With fresh homemade salsa 2.50

Chip Plate *With homemade salsa, black bean puree & homemade guacamole* 6.75

Smoothies *Sunrise: orange & banana, Starburst: strawberry raspberry, Bluemoon: blueberry maple, Revitalizer: apple celery* 5.25

Eggs Benedict topped with homemade Hollandaise sauce.

★ **The Jerome** · Turkey, roasted red pepper and cracked black pepper. 8.25

The Jeffrey · Bacon & avocado on an English muffin. 8.25

The Beaumont · Bacon, smoked turkey & avocado on an English muffin. 8.50

The Classic Benny · Ham & tomato on an English muffin. 7.95

Mesa · Grilled homemade marbled corn bread with homemade chorizo and roasted red pepper. Topped with an ancho pepper hollandaise. 8.50

★ **Pescado** · Smoked Norwegian salmon, tomato, spinach & fresh dill. Served on a homemade dill roll. 9.50

Gourmet Griddle Try your selection with pure Michigan maple syrup 1.50

Plain & Simple · 4.95 add homemade granola 75¢ • **Michigan Blueberry** · 5.75

★ **Oatmeal Cakes** · Oatmeal batter with blue berries & brown sugar. 6.75

Organic Blue Corn · Blueberries, bananas, & homemade granola. 6.50

★ **Lemon Poppy seed** · Filled with fresh blueberries, topped with homemade raspberry sauce & raspberry butter. 6.95

Stuffed French Toast · Cinnamon swirl bread layered with sweetened cream cheese and topped with homemade raspberry and vanilla sauces. 6.95

French Toast · Cinnamon swirl french toast made with gourmet vanilla cream batter. Topped with powdered sugar. 5.25

★ **Tropical French Toast** · Home style white bread french toast topped with fresh cut pineapple and oranges. 7.25

Crepes Sweet or savory fresh homemade crepes

★ **Berry Banana** · Blueberry, strawberry & banana with sweet cream cheese. 7.75

★ **Smoked Salmon** · Salmon, tomato, spinach, fresh dill & boursin cheese egg scramble. Topped with hollandaise & served with fresh fruit. 9.25

★ **Hawaiian Ham** · Thin sliced ham, onion, cilantro and habanero cheese egg scramble. Topped with homemade pineapple salsa & honey mustard hollandaise. Served with diced redskin potatoes. 8.75